



PADI Emergency First Responder (EFR)

Anyone can give first aid to a person who needs it. The Emergency First Responder (EFR) course teaches basic and secondary first aid, plus the important cardiovascular pulmonary resuscitation (CPR). Be prepared for anything!

REQUIREMENTS

- 15 yrs old and above

200SGD
per pax

INCLUDES

- EFR course materials
- EFR Certification

COURSE STRUCTURE

Theory Session	Pool Session	Open Water Dive Trip
1 session (4hours)	No Pool Session	No Trip
Covers all the chapters of the manual + practical	N.A.	N.A.